



COVID-19 Mitigation Plan

It's important to remember we all assume risk the moment we leave our homes. This is especially true during this time of pandemic. Parents and community members are encouraged to recognize the willingness of CSF faculty and staff to work during the upcoming school year in three possible learning environments: in-person, hybrid, or online only. They have agreed to do so because of their commitment to our Catholic, Jesuit mission and their care for our students.

General Health and Safety

Home Health Screenings

Per recommendation of CDC, parents are expected take their child's temperature each morning before leaving for school and screen for symptoms.

Staff members are expected to take their temperature and screen themselves for symptoms each morning before leaving for school.

If a student or staff member is feeling ill, or has any of the following symptoms, they should not come to school until they are cleared by a medical provider.

- Fever over 100.0, cough, or shortness of breath
- Sneezing, runny nose, or sore throat with an unknown cause
- Muscle aches, chills, or loss of taste or smell with an unknown cause
- Nausea or vomiting
- Diarrhea

Face Coverings

Face coverings are required for all staff, students and visitors to the school who are over age 2. Face shields with fabric on the sides and bottom of the shield may be worn with approval of the COVID-19 Mitigation Coordinator. Face covering guidelines are available [here](#).

Arrival and Dismissal

Parents will have an opportunity to sign their child[ren] up for arrival and departure times [through a shared document \(forthcoming\)](#).

- Arrival of students will be at designated entries (see next section).
- Staggered departure times for ICS will be 2:30, 2:40 and 2:50 each afternoon.
- MHS classes will begin dismissal at 2:50, 2:55, and 3:00pm at the end of the day.

At ICS, if the number of students departing or arriving at 11:30am or 1:00pm necessitates staggered arrivals and departures, we will arrange that. In the morning, parents of students in PreK and Kindergarten may accompany their child[ren] to class. If the child has an older sibling, we recommend that the older sibling drop the younger sibling off at their classroom to avoid having additional people coming into the school. Parents of students in grades 1-12 are asked to drop their child off curbside and not walk them into the school.

For the month of August, because there are no busses, both sides of the front parking lot may be used for drop off and pick up of ICS Students. We will have staff outside to greet students and parents.

- **Students in grades PreK-2** (downstairs classrooms) should enter and exit through the left side of the main front doors unless they are coming into the building with an older ICS sibling, in which case they will enter through the recess doors.
- **Students in grades 3-6** (upstairs classrooms) should enter and exit through the recess doors (closest to the playground).
- **Monroe students** may be dropped off and picked up in the gym parking lot on Betty Street.
- If a Monroe student has younger siblings who attend ICS, they can all enter through the gym parking lot doors.

An updated “Traffic Pattern” and instructions will be shared out with families.

Travel

Staff and students are encouraged to wear face shields and a mask while traveling by airplane, bus or train.

Staff and students must comply with current State of Alaska mandates for interstate and intrastate travel before returning to school.

In Class Experience Related to Mitigation

Cohorts

Establishing stable cohort groups in schools is a key strategy to reduce the spread of disease. A cohort is a consistent group of students that stays together all day, each day.

At **ICS**, *each individual class is considered a cohort*. Cohorts will not mix unless required for academics and when social distancing can be maintained.

At **Monroe**, *grade levels will serve as cohorts*. Electives will have multiple grade levels and mitigate in the space available to avoid co-mingling.

Hand Washing and Sanitizing

Students and staff will be expected wash their hands for at least 20 seconds with soap and water upon entering the building, before and after eating, and after going to the restroom. Hand sanitizers should be used frequently, especially before and after using or touching any shared materials.

Social Distancing

Whenever possible, social distancing of 6 feet or more should be maintained. Distancing of at least 3 feet should be maintained when all parties are wearing masks and are part of the same cohort. Students and staff should refrain from hugging, shaking hands, high fives or other forms of physical touch.

Desk Barriers

For ICS classrooms, 3-sided barriers constructed with PVC pipe and vinyl will be utilized on desks and tables in ICS where social distancing cannot be maintained, especially during lunch and snack. These barriers will allow for mask breaks while students are sitting at their desks. If a student has their mask off while sitting at their desk, they must put it back on before getting up from their desk to move around the room.

Barriers at Monroe will be made available for science rooms with tables. Due to the smaller class sizes, social distancing and mask compliance will serve as the main mitigation protocol in Monroe classrooms.

Sharing of Materials

Whenever possible, students should have their own school supplies. Sharing of toys and materials used for activities will be limited. Students are expected to wash or sanitize hands before and after using materials that are shared.

Routine Cleaning/Sanitization

Throughout the day, maintenance staff will be cleaning door handles, bathroom stall doors, and high-touch surfaces and regular intervals. In the classroom, teachers will facilitate the cleaning of desks and high-touch areas. Every evening, the cleaning crew will clean and disinfect the facility.

When Someone Exhibits Symptoms

Isolation Room

There will be an isolation room across from the nurse's office in ICS. If a student is experiencing symptoms commonly associated with COVID-19, he or she will be screened by the nurse and will wait in the isolation room to be picked up by a parent or guardian.

Positive COVID-19

If a student or staff member tests positive, the cohort or grade level, including the teacher, may go home to quarantine pending recommendation of Public Health Officials. Public Health will determine the scope of “close contact” with the infected person and will provide direction to COVID Mitigation Coordinator and administration as to who needs to be sent home to quarantine, and for how long.

Cleaning After a Positive Test Result

If a student or staff member tests positive for COVID-19, cleaning procedures will depend on when the student or staff member was last in the school prior to receiving the positive test result. It may be several days between when a student or staff member goes home because they aren't feeling well and when they receive a test result; therefore, protocols will vary. The room will be thoroughly cleaned and disinfected but will remain unoccupied until the class returns from quarantine.

If a student goes home sick and gets a positive test result the same day, then the restrooms and any common areas used by that student will be cleaned and disinfected immediately.

If a student goes home sick, and/or tests positive for COVID-19, CSF staff will facilitate delivery of school materials so student can continue virtually should their health allow.

Returning to School After Illness

Return to school will be coordinated with guidance from Public Health and local physicians. COVID19 Mitigation Coordinator and/or school administrator will be in contact with the family to facilitate a healthy transition back to school.

School Day Modifications Related to Mitigation

Recess

PreK and Kindergarten will have their own recess times in the morning. Grades 1-3/4 will have recess from 11:30-12:15 and Grades 4-6 will have recess from 12:15-1:00. Teachers will send their students to and from recess a couple at a time to prevent crowding in the halls or at the recess doors. Each class will have a designated area of the playground to play on.

There will be four playground areas:

- basketball court
- 1st section of the equipment,
- 2nd section of the equipment
- soccer field.

The classes will rotate every day to a new section. The playground equipment will be wiped down between recesses.

PE Class

Whenever possible, PE classes will be held outdoors. When outdoor activities are impossible, class activities will be held in the gymnasium and be distanced while refraining from contact. Masks are recommended any time a student is not under heavy exertion.

Monroe Lunch

Monroe will provide two sections for lunch to enable social distancing. Off-campus lunch is permitted only for 10th-12th students who have signed permission slips. Shared rides are not permitted.

Academic Center

During school hours, use of the Academic Center by 7-12 teachers & cohorts will be by appointment only. The Academic Center will be open to individual students for printing only.

After school, it is preferable that students are picked up by 3PM unless participating in a scheduled and sanctioned practice/activity. The Academic Center will be staffed to supervise students staying after school, and students will be separated by cohorts, utilizing the Commons & MPR to allow for social distancing.

Any 7th-12th grade student in the Academic Center must be picked up by 5:00pm.