



## FOOD ALLERGY HEALTH HISTORY FORM

Student Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Home #: \_\_\_\_\_ Cell #: \_\_\_\_\_ Work #: \_\_\_\_\_

1. Does your child have a diagnosis of an allergy from a health care provider? **Y** **N**

### HISTORY AND CURRENT STATUS

**What is your child allergic to:**

- Peanuts
- Eggs
- Milk
- Latex
- Soy

- Fish/Shellfish
- Tree Nuts
- Gluten
- Other: \_\_\_\_\_  
\_\_\_\_\_

Age of the student when allergy was first discovered: \_\_\_\_\_

How many times has the student had the reaction: \_\_\_\_\_

When was their last reaction? \_\_\_\_\_

Are the food allergy reactions:                      Same                      Worse                      Better

### 2. Triggers and Symptoms:

a.) What are the signs and symptoms of your child's reaction? (be specific): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

b.) How quickly do the signs and symptoms occur? \_\_\_\_\_

### 3. Treatment

a.) Has your child ever needed treatment at a clinic or hospital for an allergic reaction: **Y** **N**

Explain: \_\_\_\_\_

b.) What treatment or medication has your health care provider recommended for use in an allergic reaction:  
\_\_\_\_\_  
\_\_\_\_\_

c.) Have you used the treatment? Explain: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

