

Monroe Catholic Boys Basketball

Core Values

- 1. We don't whine.** (*"The true joy in life is to be a force of fortune instead of a feverish, selfish little clod of ailments and grievances complaining that the world will not devote itself to making you happy."* **George Bernard Shaw**).
- 2. We work hard.** (*"The difference between the weak and the powerful, the great and the insignificant, is energy-invisible determination. This quality will do anything that has to be done in the world, and no talents, no circumstances, no opportunities will make you a great person without it."* **Thomas Buxton**).
- 3. We are Honest.** (*Open and consistent communication will give us the edge. We tell the truth so we can soar as our journey unfolds. Sometimes the truth hurts, yet we carry no sword with the truth as we understand that with honesty comes responsibility and the more responsible the individual the more delicate we are with the truth. The velvet hammer leaves no mark."* **Mike Dunlap**).
- 4. We play for each other.** (*"People don't care how much you know until they know how much you care."* **Rakel Karvelsson**).
- 5. We are well led.** (*"Not long ago, to 'believe in yourself' meant taking a principled, and often lonely stand when it appeared difficult or dangerous to do so. Now it means accepting one's own desires and inclinations, whatever they may be, and taking whatever steps that may be necessary to advance them."* **William Damon**).
- 6. When we don't play as much as we would like, we are noble and still support the team and its mission.** (*"If there is a meaning in life at all, then there must be a meaning in suffering. Suffering is an ineradicable part of life, even as fate and death. Without suffering and death human life cannot be complete. The way in which a man accepts his fate and all the suffering it entails, the way in which he takes up his cross, gives him ample opportunity-even under the most difficult circumstances-to add a deeper meaning to his life. It may remain brave, dignified and unselfish. Or in the bitter fight for self-preservation he may forget his human dignity and become no more than an animal. Here lies the chance for a man either to make use of or to forgo the opportunities of attaining the moral values that a difficult situation may afford him. And this decides whether he is worthy of his sufferings or not."* **Viktor E. Frankl**).
- 7. We treat women with respect.** (*"Man cannot degrade woman without himself falling into degradation; he cannot elevate her without at the same time elevating himself."* **Alexander Walker**).